

Cafés

49TH CAFÉ 1020 1st Avenue
Breakfast and Lunch, Daily -250-245-3221
[Ladysmith](#)

IN THE BEANTIME CAFÉ 18 High St
Breakfast, Lunch, Daily -250-245-2305
[Ladysmith](#)

IRONWORKS CAFÉ & CREPERIE:
422 Esplanade Ave
Daily, Breakfast and Lunch 250-710-9441
[Ladysmith](#)

OLD TOWN BAKERY 510 First Avenue,
Mon-Sat Breakfast and Lunch
-250-245-2531, [Ladysmith](#)

OYSTER BAY CAFÉ 610 Oyster Bay Rd
LMS Dock Daily for Breakfast/Lunch. Thur – Sat
for Dinner, Seasonal. 250-924-2245, [Ladysmith](#)

WILD POPPY BISTRO 541 First Avenue
Tue-Sat, Breakfast and Lunch -250- 924-8696
[Ladysmith](#) GLUTEN FREE

Restaurants

BARNACLE BARNEY'S 341B 1st Ave.
Mon-Sat – Lunch and Dinner
250-245-0899, [Ladysmith](#)

COTTON CLUB Cottonwood Golf Course
1975 Haslam Rd,
Breakfast, Lunch and Dinner. Daily.
Seasonal 250-245-5142, [Ladysmith](#)

MAYA NORTE
18 Roberts Street, [Ladysmith](#)
250-924-1300
Wed through Sun 5pm to ??

ROBERTS STREET PIZZA DELIVER
250-245-1119, 20 Roberts St.
Daily for Dinner. -[Ladysmith](#)

SPICE HUT 510 Esplanade Ave DELIVER
Corner of Gatacre...250- 924-8222
Daily, Lunch and Dinner. [Ladysmith](#)

Appetit - Food for Thought 534 First Avenue, [Ladysmith](#)
Mon-Fri 830am – 230pm, 250-924-1321,

Chakalaka Bar & Grill- 13230 TCH, Tues to Sunday,
Lunch & Dinner Phone: (250) 924-0324, [Ladysmith](#)

Country Kitchen -2930 TCH 250) 924-2500
Tues-Sunday, Breakfast, Lunch, Dinner. [Cassidy](#)

Dragon City Restaurant: 328 TCH DELIVER
Tue-Sun, Lunch and Dinner. - 250-245-8689
[Ladysmith](#)

Kaede Sushi 734 Esplanade
Mon-Sat, Lunch and Dinner - 250 924-1166, [Ladysmith](#)

Mahle House Restaurant Corner of Cedar and Hemer Rd
Wed-Sun, for Dinner -250-722-3621, [Cedar](#)

Mr. Teriyaki & Miss. Sushi 821 First Ave,
Mon-Fri, Lunch and Dinner - 250-924-2221, [Ladysmith](#)

Plantitide 431 First Avenue Wed-Sun for Lunch/Dinner
250-924-1201 [Ladysmith](#) VEGAN / GLUTEN FREE

Sushi Wara 370 TCH. Daily, closed Tuesdays
Lunch and Dinner. -250- 924-7001 [Ladysmith](#)

The Phoenix 112 High Street, DELIVER
250-245-3263, closed Tue, Dinner [Ladysmith](#)

Wigwam Restaurant 438 First Avenue,
Tues-Sat, 11am – 8pm, 250-245-3433, [Ladysmith](#)

Food on the Go

A&W DINE IN AND DRIVE THRU
12615 TCH, Mon-Sun – 250-245-5213,
[Ladysmith](#)

TRANSFER BEACH FOOD TRUCK
CONCESSION
Transfer Beach, Daily June to Sept 11am to 7pm

Dairy Queen 365 Davis Road,
Sun-Thurs 10am-10pm
Fri-Sat 10am-11pm – 250-245-3212, [Ladysmith](#)

KFC Coronation Mall ,
Mon-Sun -250- 245-5525, [Ladysmith](#)

McDonald's Coronation Mall, 24h Everyday
-250-245-7560, [Ladysmith](#)

Subway 740 TCH,
Daily -250- 245-3133, [Ladysmith](#)

Tim Horton's 1115A First Avenue,
24h, Daily – 250-245-2303, [Ladysmith](#)

Starbucks 370 TCH,
7am – 7pm, Daily – 250-390-9861, [Ladysmith](#)

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Pubs

Cafés

49TH CAFÉ 1020 1st Avenue
Breakfast and Lunch, Daily -250-245-3221
Ladysmith

IN THE BEANTIME CAFÉ 18 High St
Breakfast, Lunch, Daily -250-245-2305
Ladysmith

IRONWORKS CAFÉ & CREPERIE:
422 Esplanade Ave
Daily, Breakfast and Lunch 250-710-9441
Ladysmith

OLD TOWN BAKERY 510 First Avenue,
Mon-Sat Breakfast and Lunch
-250-245-2531, Ladysmith

OYSTER BAY CAFÉ 610 Oyster Bay Rd
LMS Dock Daily for Breakfast/Lunch. Thur – Sat
for Dinner, Seasonal. 250-924-2245, Ladysmith

WILD POPPY BISTRO 541 First Avenue
Tue-Sat, Breakfast and Lunch -250- 924-8696
Ladysmith GLUTEN FREE

Restaurants

BARNACLE BARNEY'S 341B 1st Ave.
Mon-Sat – Lunch and Dinner
250-245-0899, Ladysmith

COTTON CLUB Cottonwood Golf Course
1975 Haslam Rd,
Breakfast, Lunch and Dinner. Daily.
Seasonal 250-245-5142, Ladysmith

MAYA NORTE
18 Roberts Street, Ladysmith
250-924-1300
Wed through Sun 5pm to ??

ROBERTS STREET PIZZA DELIVER
250-245-1119, 20 Roberts St.
Daily for Dinner. -Ladysmith

SPICE HUT 510 Esplanade Ave DELIVER
Corner of Gatacre...250- 924-8222
Daily, Lunch and Dinner. Ladysmith

Appetit - Food for Thought 534 First Avenue, Ladysmith
Mon-Fri 830am – 230pm, 250-924-1321,

Chakalaka Bar & Grill- 13230 TCH, Tues to Sunday,
Lunch & Dinner Phone: (250) 924-0324, Ladysmith

Country Kitchen -2930 TCH 250) 924-2500
Tues-Sunday, Breakfast, Lunch, Dinner. Cassidy

Dragon City Restaurant: 328 TCH DELIVER
Tue-Sun, Lunch and Dinner. - 250-245-8689
Ladysmith

Kaede Sushi 734 Esplanade
Mon-Sat, Lunch and Dinner - 250 924-1166, Ladysmith

Mahle House Restaurant Corner of Cedar and Hemer Rd
Wed-Sun, for Dinner -250-722-3621, Cedar

Mr. Teriyaki & Miss. Sushi 821 First Ave,
Mon-Fri, Lunch and Dinner - 250-924-2221, Ladysmith

Plantitude 431 First Avenue Wed-Sun for Lunch/Dinner
250-924-1201 Ladysmith VEGAN / GLUTEN FREE

Sushi Wara 370 TCH. Daily, closed Tuesdays
Lunch and Dinner. -250- 924-7001 Ladysmith

The Phoenix 112 High Street, DELIVER
250-245-3263, closed Tue, Dinner Ladysmith

Wigwam Restaurant 438 First Avenue,
Tues-Sat, 11am – 8pm, 250-245-3433, Ladysmith

Food on the Go

A&W DINE IN AND DRIVE THRU
12615 TCH, Mon-Sun – 250-245-5213,
Ladysmith

TRANSFER BEACH FOOD TRUCK
CONCESSION
Transfer Beach, Daily June to Sept 11am to 7pm

Dairy Queen 365 Davis Road,
Sun-Thurs 10am-10pm
Fri-Sat 10am-11pm – 250-245-3212, Ladysmith

KFC Coronation Mall ,
Mon-Sun -250- 245-5525, Ladysmith

McDonald's Coronation Mall, 24h Everyday
-250-245-7560, Ladysmith

Subway 740 TCH,
Daily -250- 245-3133, Ladysmith

Tim Horton's 1115A First Avenue,
24h, Daily - 250-245-2303, Ladysmith

Starbucks 370 TCH,
7am – 7pm, Daily - 250-390-9861, Ladysmith

Pubs

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Daily, Breakfast and Lunch 250-710-9441
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Breakfast, Lunch, Daily -250-245-2305
[Ladysmith](#)

IRONWORKS CAFÉ & CREPERIE:
422 Esplanade Ave
Daily, Breakfast and Lunch 250-710-9441
[Ladysmith](#)

OLD TOWN BAKERY 510 First Avenue,
Mon-Sat Breakfast and Lunch
-250-245-2531, [Ladysmith](#)

OYSTER BAY CAFÉ 610 Oyster Bay Rd
LMS Dock Daily for Breakfast/Lunch. Thur – Sat
for Dinner, Seasonal. 250-924-2245, [Ladysmith](#)

WILD POPPY BISTRO 541 First Avenue
Tue-Sat, Breakfast and Lunch -250- 924-8696
[Ladysmith](#) GLUTEN FREE

Restaurants

BARNACLE BARNEY'S 341B 1st Ave.
Mon-Sat – Lunch and Dinner
250-245-0899, [Ladysmith](#)

COTTON CLUB Cottonwood Golf Course
1975 Haslam Rd,
Breakfast, Lunch and Dinner. Daily.
Seasonal 250-245-5142, [Ladysmith](#)

MAYA NORTE
18 Roberts Street, [Ladysmith](#)
250-924-1300
Wed through Sun 5pm to ??

ROBERTS STREET PIZZA DELIVER
250-245-1119, 20 Roberts St.
Daily for Dinner. -[Ladysmith](#)

SPICE HUT 510 Esplanade Ave DELIVER
Corner of Gatacre...250- 924-8222
Daily, Lunch and Dinner. [Ladysmith](#)

Appetit - Food for Thought 534 First Avenue, [Ladysmith](#)
Mon-Fri 830am – 230pm, 250-924-1321,

Chakalaka Bar & Grill- 13230 TCH, Tues to Sunday,
Lunch & Dinner Phone: (250) 924-0324, [Ladysmith](#)

Country Kitchen -2930 TCH 250) 924-2500
Tues-Sunday, Breakfast, Lunch, Dinner. [Cassidy](#)

Dragon City Restaurant: 328 TCH DELIVER
Tue-Sun, Lunch and Dinner. - 250-245-8689
[Ladysmith](#)

Kaede Sushi 734 Esplanade
Mon-Sat, Lunch and Dinner - 250 924-1166, [Ladysmith](#)

Mahle House Restaurant Corner of Cedar and Hemer Rd
Wed-Sun, for Dinner -250-722-3621, [Cedar](#)

Mr. Teriyaki & Miss. Sushi 821 First Ave,
Mon-Fri, Lunch and Dinner - 250-924-2221, [Ladysmith](#)

Plantitide 431 First Avenue Wed-Sun for Lunch/Dinner
250-924-1201 [Ladysmith](#) VEGAN / GLUTEN FREE

Sushi Wara 370 TCH. Daily, closed Tuesdays
Lunch and Dinner. -250- 924-7001 [Ladysmith](#)

The Phoenix 112 High Street, DELIVER
250-245-3263, closed Tue, Dinner [Ladysmith](#)

Wigwam Restaurant 438 First Avenue,
Tues-Sat, 11am – 8pm, 250-245-3433, [Ladysmith](#)

Food on the Go

A&W DINE IN AND DRIVE THRU
12615 TCH, Mon-Sun – 250-245-5213,
[Ladysmith](#)

**TRANSFER BEACH FOOD TRUCK
CONCESSION**
Transfer Beach, Daily June to Sept 11am to 7pm

Dairy Queen 365 Davis Road,
Sun-Thurs 10am-10pm
Fri-Sat 10am-11pm – 250-245-3212, [Ladysmith](#)

KFC Coronation Mall ,
Mon-Sun -250- 245-5525, [Ladysmith](#)

McDonald's Coronation Mall, 24h Everyday
-250-245-7560, [Ladysmith](#)

Subway 740 TCH,
Daily -250- 245-3133, [Ladysmith](#)

Tim Horton's 1115A First Avenue,
24h, Daily – 250-245-2303, [Ladysmith](#)

Starbucks 370 TCH,
7am – 7pm, Daily – 250-390-9861, [Ladysmith](#)

Pubs

Cafés

49TH CAFÉ 1020 1st Avenue
Breakfast and Lunch, Daily -250-245-3221
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IN THE BEANTIME CAFÉ 18 High St
Breakfast, Lunch, Daily -250-245-2305
[Ladysmith](#)

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Mon-Sat Breakfast and Lunch
-250-245-2531, [Ladysmith](#)

OYSTER BAY CAFÉ 610 Oyster Bay Rd
LMS Dock Daily for Breakfast/Lunch. Thur – Sat
for Dinner, Seasonal. 250-924-2245, [Ladysmith](#)

WILD POPPY BISTRO 541 First Avenue
Tue-Sat, Breakfast and Lunch -250- 924-8696
[Ladysmith](#) GLUTEN FREE

Restaurants

BARNACLE BARNEY'S 341B 1st Ave.
Mon-Sat – Lunch and Dinner
250-245-0899, [Ladysmith](#)

COTTON CLUB Cottonwood Golf Course
1975 Haslam Rd,
Breakfast, Lunch and Dinner. Daily.
Seasonal 250-245-5142, [Ladysmith](#)

MAYA NORTE
18 Roberts Street, [Ladysmith](#)
250-924-1300
Wed through Sun 5pm to ??

ROBERTS STREET PIZZA DELIVER
250-245-1119, 20 Roberts St.
Daily for Dinner. -[Ladysmith](#)

SPICE HUT 510 Esplanade Ave DELIVER
Corner of Gatacre...250- 924-8222
Daily, Lunch and Dinner. [Ladysmith](#)

Appetit - Food for Thought 534 First Avenue, [Ladysmith](#)
Mon-Fri 830am – 230pm, 250-924-1321,

Chakalaka Bar & Grill- 13230 TCH, Tues to Sunday,
Lunch & Dinner Phone: (250) 924-0324, [Ladysmith](#)

Country Kitchen -2930 TCH 250) 924-2500
Tues-Sunday, Breakfast, Lunch, Dinner. [Cassidy](#)

Dragon City Restaurant: 328 TCH DELIVER
Tue-Sun, Lunch and Dinner. - 250-245-8689
[Ladysmith](#)

Kaede Sushi 734 Esplanade
Mon-Sat, Lunch and Dinner - 250 924-1166, [Ladysmith](#)

Mahle House Restaurant Corner of Cedar and Hemer Rd
Wed-Sun, for Dinner -250-722-3621, [Cedar](#)

Mr. Teriyaki & Miss. Sushi 821 First Ave,
Mon-Fri, Lunch and Dinner - 250-924-2221, [Ladysmith](#)

Plantitude 431 First Avenue Wed-Sun for Lunch/Dinner
250-924-1201 [Ladysmith](#) VEGAN / GLUTEN FREE

Sushi Wara 370 TCH. Daily, closed Tuesdays
Lunch and Dinner. -250- 924-7001 [Ladysmith](#)

The Phoenix 112 High Street, DELIVER
250-245-3263, closed Tue, Dinner [Ladysmith](#)

Wigwam Restaurant 438 First Avenue,
Tues-Sat, 11am – 8pm, 250-245-3433, [Ladysmith](#)

Food on the Go

A&W DINE IN AND DRIVE THRU
12615 TCH, Mon-Sun – 250-245-5213,
[Ladysmith](#)

TRANSFER BEACH FOOD TRUCK
CONCESSION
Transfer Beach, Daily June to Sept 11am to 7pm

Dairy Queen 365 Davis Road,
Sun-Thurs 10am-10pm
Fri-Sat 10am-11pm – 250-245-3212, [Ladysmith](#)

KFC Coronation Mall ,
Mon-Sun -250- 245-5525, [Ladysmith](#)

McDonald's Coronation Mall, 24h Everyday
-250-245-7560, [Ladysmith](#)

Subway 740 TCH,
Daily -250- 245-3133, [Ladysmith](#)

Tim Horton's 1115A First Avenue,
24h, Daily - 250-245-2303, [Ladysmith](#)

Starbucks 370 TCH,
7am – 7pm, Daily - 250-390-9861, [Ladysmith](#)

Pubs

Cafés

49TH CAFÉ 1020 1st Avenue
Breakfast and Lunch, Daily -250-245-3221
[Ladysmith](#)

IN THE BEANTIME CAFÉ 18 High St
Breakfast, Lunch, Daily -250-245-2305
[Ladysmith](#)

IRONWORKS CAFÉ & CREPERIE:
422 Esplanade Ave
Daily, Breakfast and Lunch 250-710-9441
[Ladysmith](#)

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Daily, Breakfast and Lunch 250-710-9441
[Ladysmith](#)

OLD TOWN BAKERY 510 First Avenue,
Mon-Sat Breakfast and Lunch
-250-245-2531, [Ladysmith](#)

OYSTER BAY CAFÉ 610 Oyster Bay Rd
LMS Dock Daily for Breakfast/Lunch. Thur – Sat
for Dinner, Seasonal. 250-924-2245, [Ladysmith](#)

WILD POPPY BISTRO 541 First Avenue
Tue-Sat, Breakfast and Lunch -250- 924-8696
[Ladysmith](#) GLUTEN FREE

Restaurants

BARNACLE BARNEY'S 341B 1st Ave.
Mon-Sat – Lunch and Dinner
250-245-0899, [Ladysmith](#)

COTTON CLUB Cottonwood Golf Course
1975 Haslam Rd,
Breakfast, Lunch and Dinner. Daily.
Seasonal 250-245-5142, [Ladysmith](#)

MAYA NORTE
18 Roberts Street, [Ladysmith](#)
250-924-1300
Wed through Sun 5pm to ??

ROBERTS STREET PIZZA DELIVER
250-245-1119, 20 Roberts St.
Daily for Dinner. -[Ladysmith](#)

SPICE HUT 510 Esplanade Ave DELIVER
Corner of Gatacre...250- 924-8222
Daily, Lunch and Dinner. [Ladysmith](#)

Appetit - Food for Thought 534 First Avenue, [Ladysmith](#)
Mon-Fri 830am – 230pm, 250-924-1321,

Chakalaka Bar & Grill- 13230 TCH, Tues to Sunday,
Lunch & Dinner Phone: (250) 924-0324, [Ladysmith](#)

Country Kitchen -2930 TCH 250) 924-2500
Tues-Sunday, Breakfast, Lunch, Dinner. [Cassidy](#)

Dragon City Restaurant: 328 TCH DELIVER
Tue-Sun, Lunch and Dinner. - 250-245-8689
[Ladysmith](#)

Kaede Sushi 734 Esplanade
Mon-Sat, Lunch and Dinner - 250 924-1166, [Ladysmith](#)

Mahle House Restaurant Corner of Cedar and Hemer Rd
Wed-Sun, for Dinner -250-722-3621, [Cedar](#)

Mr. Teriyaki & Miss. Sushi 821 First Ave,
Mon-Fri, Lunch and Dinner - 250-924-2221, [Ladysmith](#)

Plantitude 431 First Avenue Wed-Sun for Lunch/Dinner
250-924-1201 [Ladysmith](#) VEGAN / GLUTEN FREE

Sushi Wara 370 TCH. Daily, closed Tuesdays
Lunch and Dinner. -250- 924-7001 [Ladysmith](#)

The Phoenix 112 High Street, DELIVER
250-245-3263, closed Tue, Dinner [Ladysmith](#)

Wigwam Restaurant 438 First Avenue,
Tues-Sat, 11am – 8pm, 250-245-3433, [Ladysmith](#)

Food on the Go

A&W DINE IN AND DRIVE THRU
12615 TCH, Mon-Sun – 250-245-5213,
[Ladysmith](#)

TRANSFER BEACH FOOD TRUCK CONCESSION
Transfer Beach, Daily June to Sept 11am to 7pm

Dairy Queen 365 Davis Road,
Sun-Thurs 10am-10pm
Fri-Sat 10am-11pm – 250-245-3212, [Ladysmith](#)

KFC Coronation Mall ,
Mon-Sun -250- 245-5525, [Ladysmith](#)

McDonald's Coronation Mall, 24h Everyday
-250-245-7560, [Ladysmith](#)

Subway 740 TCH,
Daily -250- 245-3133, [Ladysmith](#)

Tim Horton's 1115A First Avenue,
24h, Daily – 250-245-2303, [Ladysmith](#)

Starbucks 370 TCH,
7am – 7pm, Daily – 250-390-9861, [Ladysmith](#)

Pubs

Cafés

49TH CAFÉ 1020 1st Avenue
Breakfast and Lunch, Daily -250-245-3221
[Ladysmith](#)

IN THE BEANTIME CAFÉ 18 High St
Breakfast, Lunch, Daily -250-245-2305
[Ladysmith](#)

IRONWORKS CAFÉ & CREPERIE:
422 Esplanade Ave
Daily, Breakfast and Lunch 250-710-9441
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DINING GUIDE

Ladysmith & Area



FOX & HOUNDS RESTAURANT PUB

11 High Street 250-924-1747 [Ladysmith](#)
Lunch and Dinner, 1130am - 10pm, Daily -

Cranberry Arms 1604 Cedar Road, Mon-Sun, Lunch and
Dinner - 250-722-3112, [Cedar](#)

Crow & Gate Pub 2313 Yellow Point Road, [Cedar](#)
Lunch and Dinner, 11am - 12am, Daily -250-722-3731,

Saltair Neighborhood Pub 10519 Knight Road, Lunch and
Dinner, Daily - 250-246-4942, [Saltair](#)

Sportsman Pub 640 First Avenue,
Lunch and Dinner, 11am - 12am, Daily -250-245-8033
[Ladysmith](#)

Timberland Pub 1680 Timberlands Road, Lunch and
Dinner, 9am - 11pm, Daily -250- 245-0800, [Cassidy](#)

Wheatshaf Hotel & Pub 1866 Cedar Road, Daily, Lunch
and Dinner -250-722-2240, [Cedar](#)

Zacks Lounge 530 1st Ave, Daily (closed Sundays), Lunch
and Dinner (250) 245-2749, [Ladysmith](#)

Ice Cream and Sweets

Mr. Poppers sweet Shoppe 32 High St. Tue-Fri 10-5,
Sat 10-4, - 250-924-8486, [Ladysmith](#)

Creeks Corner Store 3582 Hallberg Road, Tue-Sat
10-6, Sun 10-5:30, 250-739-3897, [Cassidy](#)

Grocery & Deli & Market

49TH PARALLEL GROCERY DELIVER
1020 1st Avenue,
7:30am-9pm, Daily - 250-245-3221 [Ladysmith](#)

BOUMA MEAT MARKET

416 1st Avenue
Mon-Sat 10am-7pm - 250-245-8131 [Ladysmith](#)

LADYSMITH HEALTH FOOD STORE

531 1st Ave. -250- 245-2123
Mon-Sat, 9:30am -5:30pm, [Ladysmith](#)

RITA'S APRON DELIVER

720 1st Ave
250-802-4934, [Ladysmith](#)

Save on Foods (with Starbucks) 370 TCH

7am-10pm, Daily - 250-245-2033, [Ladysmith](#)

Cassidy Farm Market & Deli 3251 TCH 9am-7:30, Daily
SEASONAL - 250-245-7674, [Ladysmith](#)

Russell Farms Market 2711 Mt Sicker Rd, 8am-6:30pm,
Daily - 250-246-4924, [Chemainus](#)

Ladysmith
CHAMBER
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33 Roberts Street
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Daily - 250-246-4924, [Chemainus](#)

The logo for the Ladysmith Chamber of Commerce, featuring the name "Ladysmith" in a large, stylized font with a bird icon above the 'y', and "CHAMBER of COMMERCE" in a smaller font below it.



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Timberland Pub 1680 Timberlands Road, Lunch and
Dinner, 9am - 11pm, Daily -250- 245-0800, [Cassidy](#)

Wheatshaf Hotel & Pub 1866 Cedar Road, Daily, Lunch
and Dinner -250-722-2240, [Cedar](#)

Zacks Lounge 530 1st Ave, Daily (closed Sundays), Lunch
and Dinner (250) 245-2749, [Ladysmith](#)

Ice Cream and Sweets

Mr. Poppers sweet Shoppe 32 High St. Tue-Fri 10-5,
Sat 10-4, - 250-924-8486, [Ladysmith](#)

Creeks Corner Store 3582 Hallberg Road, Tue-Sat
10-6, Sun 10-5:30, 250-739-3897, [Cassidy](#)

Grocery & Deli & Market

49TH PARALLEL GROCERY DELIVER
1020 1st Avenue,
7:30am-9pm, Daily - 250-245-3221 [Ladysmith](#)

BOUMA MEAT MARKET

416 1st Avenue
Mon-Sat 10am-7pm - 250-245-8131 [Ladysmith](#)

LADYSMITH HEALTH FOOD STORE

531 1st Ave. -250- 245-2123
Mon-Sat, 9:30am -5:30pm, [Ladysmith](#)

RITA'S APRON DELIVER

720 1st Ave
250-802-4934, [Ladysmith](#)

Save on Foods (with Starbucks) 370 TCH

7am-10pm, Daily - 250-245-2033, [Ladysmith](#)

Cassidy Farm Market & Deli 3251 TCH 9am-7:30, Daily
SEASONAL - 250-245-7674, [Ladysmith](#)

Russell Farms Market 2711 Mt Sicker Rd, 8am-6:30pm,
Daily - 250-246-4924, [Chemainus](#)

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FOX & HOUNDS RESTAURANT PUB

11 High Street 250-924-1747 [Ladysmith](#)
Lunch and Dinner, 1130am - 10pm, Daily -

Cranberry Arms 1604 Cedar Road, Mon-Sun, Lunch and
Dinner - 250-722-3112, [Cedar](#)

Crow & Gate Pub 2313 Yellow Point Road, [Cedar](#)
Lunch and Dinner, 11am - 12am, Daily -250-722-3731,

Saltair Neighborhood Pub 10519 Knight Road, Lunch and
Dinner, Daily - 250-246-4942, [Saltair](#)

Sportsman Pub 640 First Avenue,
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and Dinner (250) 245-2749, [Ladysmith](#)

Ice Cream and Sweets

Mr. Poppers sweet Shoppe 32 High St. Tue-Fri 10-5,
Sat 10-4, - 250-924-8486, [Ladysmith](#)

Creeks Corner Store 3582 Hallberg Road, Tue-Sat
10-6, Sun 10-5:30, 250-739-3897, [Cassidy](#)

Grocery & Deli & Market

49TH PARALLEL GROCERY DELIVER
1020 1st Avenue,
7:30am-9pm, Daily - 250-245-3221 [Ladysmith](#)

BOUMA MEAT MARKET

416 1st Avenue
Mon-Sat 10am-7pm - 250-245-8131 [Ladysmith](#)

LADYSMITH HEALTH FOOD STORE

531 1st Ave. -250- 245-2123
Mon-Sat, 9:30am -5:30pm, [Ladysmith](#)

RITA'S APRON DELIVER

720 1st Ave
250-802-4934, [Ladysmith](#)

Save on Foods (with Starbucks) 370 TCH

7am-10pm, Daily - 250-245-2033, [Ladysmith](#)

Cassidy Farm Market & Deli 3251 TCH 9am-7:30, Daily
SEASONAL - 250-245-7674, [Ladysmith](#)

Russell Farms Market 2711 Mt Sicker Rd, 8am-6:30pm,
Daily - 250-246-4924, [Chemainus](#)

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Ladysmith & Area



FOX & HOUNDS RESTAURANT PUB

11 High Street 250-924-1747 [Ladysmith](#)
Lunch and Dinner, 1130am - 10pm, Daily -

Cranberry Arms 1604 Cedar Road, Mon-Sun, Lunch and
Dinner - 250-722-3112, [Cedar](#)

Crow & Gate Pub 2313 Yellow Point Road, [Cedar](#)
Lunch and Dinner, 11am - 12am, Daily -250-722-3731,

Saltair Neighborhood Pub 10519 Knight Road, Lunch and
Dinner, Daily - 250-246-4942, [Saltair](#)

Sportsman Pub 640 First Avenue,
Lunch and Dinner, 11am - 12am, Daily -250-245-8033
[Ladysmith](#)

Timberland Pub 1680 Timberlands Road, Lunch and
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10-6, Sun 10-5:30, 250-739-3897, [Cassidy](#)

Grocery & Deli & Market

49TH PARALLEL GROCERY DELIVER
1020 1st Avenue,
7:30am-9pm, Daily - 250-245-3221 [Ladysmith](#)

BOUMA MEAT MARKET

416 1st Avenue
Mon-Sat 10am-7pm - 250-245-8131 [Ladysmith](#)

LADYSMITH HEALTH FOOD STORE

531 1st Ave. -250- 245-2123
Mon-Sat, 9:30am -5:30pm, [Ladysmith](#)

RITA'S APRON DELIVER

720 1st Ave
250-802-4934, [Ladysmith](#)

Save on Foods (with Starbucks) 370 TCH

7am-10pm, Daily - 250-245-2033, [Ladysmith](#)

Cassidy Farm Market & Deli 3251 TCH 9am-7:30, Daily
SEASONAL - 250-245-7674, [Ladysmith](#)

Russell Farms Market 2711 Mt Sicker Rd, 8am-6:30pm,
Daily - 250-246-4924, [Chemainus](#)

Ladysmith
CHAMBER
of COMMERCE



33 Roberts Street
Ladysmith, BC. V9G 1A4
250-245-2112

Email: info@ladysmithcofc.com

Website: www.ladysmithcofc.com

ALL HOURS LISTED ARE SUBJECT
TO CHANGE

DINING GUIDE

Ladysmith & Area



[FOX & HOUNDS RESTAURANT PUB](#)

11 High Street 250-924-1747 [Ladysmith](#)
Lunch and Dinner, 1130am - 10pm, Daily -

[Cranberry Arms](#) 1604 Cedar Road, Mon-Sun, Lunch and
Dinner - 250-722-3112, [Cedar](#)

[Crow & Gate Pub](#) 2313 Yellow Point Road, [Cedar](#)
Lunch and Dinner, 11am - 12am, Daily -250-722-3731,

[Saltair Neighborhood Pub](#) 10519 Knight Road, Lunch and
Dinner, Daily - 250-246-4942, [Saltair](#)

[Sportsman Pub](#) 640 First Avenue,
Lunch and Dinner, 11am - 12am, Daily -250-245-8033
[Ladysmith](#)

[Timberland Pub](#) 1680 Timberlands Road, Lunch and
Dinner, 9am - 11pm, Daily -250- 245-0800, [Cassidy](#)

[Wheatsheaf Hotel & Pub](#) 1866 Cedar Road, Daily, Lunch
and Dinner -250-722-2240, [Cedar](#)

[Zacks Lounge](#) 530 1st Ave, Daily (closed Sundays), Lunch
and Dinner (250) 245-2749, [Ladysmith](#)

Ice Cream and Sweets

[Mr. Poppers sweet Shoppe](#) 32 High St. Tue-Fri 10-5,
Sat 10-4, - 250-924-8486, [Ladysmith](#)

[Creeks Corner Store](#) 3582 Hallberg Road, Tue-Sat
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