

## Cafés

**49<sup>TH</sup> CAFÉ** 1020 1<sup>st</sup> Avenue  
Breakfast and Lunch, Daily -250-245-3221  
Ladysmith

**IN THE BEANTIME CAFÉ** 18 High St  
Breakfast, Lunch, Mon-Sun -250-245-2305  
Ladysmith

**IRONWORKS CAFÉ & CREPERIE:**  
422 Esplanade Ave  
Daily, Breakfast and Lunch 250-710-9441  
Ladysmith

**OLD TOWN BAKERY** 510 First Avenue,  
Mon-Sat Breakfast and Lunch  
-250-245-2531, Ladysmith

**OYSTER BAY CAFÉ** 610 Oyster Bay Rd  
LMS Dock Daily for Breakfast and Lunch -  
Seasonal. 250-924-2245, Ladysmith

**WILD POPPY BISTRO** 541 First Avenue  
Tue-Sat, Breakfast and Lunch -250- 924-8696  
Ladysmith GLUTEN FREE

## Restaurants

**BARNACLE BARNEY'S** 341B 1<sup>st</sup> Ave.  
Mon-Sat - Lunch and Dinner  
250-245-0899, Ladysmith

**COTTON CLUB** Cottonwood Golf Course  
1975 Haslam Rd,  
Breakfast, Lunch and Dinner. Daily  
250-245-5142, Ladysmith

**MAYA NORTE**  
18 Roberts Street, Ladysmith  
250-924-1300 Closed on Tuesday  
Wed through Sat 5pm to ??

**ROBERTS STREET PIZZA** DELIVER  
250-245-1119, 20 Roberts St.  
Daily for Dinner. -Ladysmith

**SPICE HUT** 510 Esplanade Ave DELIVER  
Corner of Gatacre.....-250- 924-8222Daily,  
Lunch and Dinner. Ladysmith

**Appetit - Food for Thought** 534 First Avenue, Ladysmith  
Mon-Fri Breakfast and Lunch -250-924-1321,

**Chakalaka Bar & Grill**- 13230 TCH, Tues to Sunday,  
Lunch & Dinner Phone: (250) 924-0324, Ladysmith

**Country Kitchen** -2930 TCH 250) 924-2500  
Tues-Sunday, Breakfast, Lunch, Dinner. Cassidy

**Dragon City Restaurant:** 328 TCH DELIVER  
Mon-Sun, Lunch and Dinner. - 250-245-8689  
Ladysmith

**Kaede Sushi** 734 Esplanade  
Mon-Sun, Lunch and Dinner - 250 924-1166, Ladysmith

**Mahle House Restaurant** Corner of Cedar and Hemer Rd  
Wed-Sun, for Dinner -250-722-3621, Cedar

**Mr. Teriyaki & Miss. Sushi** 821 First Ave,  
Mon-Sat, Lunch and Dinner - 250-924-2221, Ladysmith

**Plantitide** 431 First Avenue Wed-Sun for Dinner  
250-924-1201 Ladysmith VEGAN / GLUTEN FREE

**Sushi Wara** 370 TCH. Daily, closed Tuesdays  
Lunch and Dinner. -250- 924-7001 Ladysmith

**The Phoenix** 112 High Street, DELIVER  
250-245-3263, Daily, for Dinner Ladysmith

**Wigwam Restaurant** 438 First Avenue,  
Tues-Sat, Lunch and Dinner - 250-245-3433, Ladysmith

## Food on the Go

**A&W DINE IN AND DRIVE THRU**  
12615 TCH, Mon-Sun - 250-245-5213,  
Ladysmith

**TRANSFER BEACH FOOD TRUCK  
CONCESSION**  
Transfer Beach, Daily June to Sept 11am to 7pm

**Dairy Queen** 365 Davis Road,  
Sun-Thurs 10am-10pm  
Fri-Sat 10am-11pm - 250-245-3212, Ladysmith

**KFC** Coronation Mall ,  
Mon-Sun -250- 245-5525, Ladysmith

**McDonald's** Coronation Mall, 24h Everyday  
-250-245-7560, Ladysmith

**Subway** 740 TCH,  
Daily -250- 245-3133, Ladysmith

**Tim Horton's** 1115A First Avenue,  
5am-11pm, Daily - 250-245-2303, Ladysmith

**Starbucks** 370 TCH,  
7am - 7pm, Daily - 250-390-9861, Ladysmith

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Tues-Sat, Lunch and Dinner - 250-245-3433, Ladysmith

## Food on the Go

**A&W DINE IN AND DRIVE THRU**  
12615 TCH, Mon-Sun - 250-245-5213,  
Ladysmith

**TRANSFER BEACH FOOD TRUCK  
CONCESSION**  
Transfer Beach, Daily June to Sept 11am to 7pm

**Dairy Queen** 365 Davis Road,  
Sun-Thurs 10am-10pm  
Fri-Sat 10am-11pm - 250-245-3212, Ladysmith

**KFC** Coronation Mall ,  
Mon-Sun -250- 245-5525, Ladysmith

**McDonald's** Coronation Mall, 24h Everyday  
-250-245-7560, Ladysmith

**Subway** 740 TCH,  
Daily -250- 245-3133, Ladysmith

**Tim Horton's** 1115A First Avenue,  
5am-11pm, Daily - 250-245-2303, Ladysmith

**Starbucks** 370 TCH,  
7am - 7pm, Daily - 250-390-9861, Ladysmith

## Cafés

**49<sup>TH</sup> CAFÉ** 1020 1<sup>st</sup> Avenue  
Breakfast and Lunch, Daily -250-245-3221  
Ladysmith

**IN THE BEANTIME CAFÉ** 18 High St  
Breakfast, Lunch, Mon-Sun -250-245-2305  
Ladysmith

**IRONWORKS CAFÉ & CREPERIE:**  
422 Esplanade Ave  
Daily, Breakfast and Lunch 250-710-9441  
Ladysmith

**OLD TOWN BAKERY** 510 First Avenue,  
Mon-Sat Breakfast and Lunch  
-250-245-2531, Ladysmith

**OYSTER BAY CAFÉ** 610 Oyster Bay Rd  
LMS Dock Daily for Breakfast and Lunch –  
Seasonal. 250-924-2245, Ladysmith

**WILD POPPY BISTRO** 541 First Avenue  
Tue-Sat, Breakfast and Lunch -250- 924-8696  
Ladysmith GLUTEN FREE

## Restaurants

**BARNACLE BARNEY'S** 341B 1<sup>st</sup> Ave.  
Mon-Sat – Lunch and Dinner  
250-245-0899, Ladysmith

**COTTON CLUB** Cottonwood Golf Course  
1975 Haslam Rd,  
Breakfast, Lunch and Dinner. Daily  
250-245-5142, Ladysmith

**MAYA NORTE**  
18 Roberts Street, Ladysmith  
250-924-1300 Closed on Tuesday  
Wed through Sat 5pm to ??

**ROBERTS STREET PIZZA** DELIVER  
250-245-1119, 20 Roberts St.  
Daily for Dinner. -Ladysmith

**SPICE HUT** 510 Esplanade Ave DELIVER  
Corner of Gatacre.....-250- 924-8222Daily,  
Lunch and Dinner. Ladysmith

**Appetit - Food for Thought** 534 First Avenue, Ladysmith  
Mon-Fri Breakfast and Lunch -250-924-1321,

**Chakalaka Bar & Grill**- 13230 TCH, Tues to Sunday,  
Lunch & Dinner Phone: (250) 924-0324, Ladysmith

**Country Kitchen** -2930 TCH 250) 924-2500  
Tues-Sunday, Breakfast, Lunch, Dinner. Cassidy

**Dragon City Restaurant:** 328 TCH DELIVER  
Mon-Sun, Lunch and Dinner. - 250-245-8689  
Ladysmith

**Kaede Sushi** 734 Esplanade  
Mon-Sun, Lunch and Dinner - 250 924-1166, Ladysmith

**Mahle House Restaurant** Corner of Cedar and Hemer Rd  
Wed-Sun, for Dinner -250-722-3621, Cedar

**Mr. Teriyaki & Miss. Sushi** 821 First Ave,  
Mon-Sat, Lunch and Dinner - 250-924-2221, Ladysmith

**Plantitude** 431 First Avenue Wed-Sun for Dinner  
250-924-1201 Ladysmith VEGAN / GLUTEN FREE

**Sushi Wara** 370 TCH. Daily, closed Tuesdays  
Lunch and Dinner. -250- 924-7001 Ladysmith

**The Phoenix** 112 High Street, DELIVER  
250-245-3263, Daily, for Dinner Ladysmith

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Mon-Sun, Lunch and Dinner - 250 924-1166, Ladysmith

**Mahle House Restaurant** Corner of Cedar and Hemer Rd  
Wed-Sun, for Dinner -250-722-3621, Cedar

**Mr. Teriyaki & Miss. Sushi** 821 First Ave,  
Mon-Sat, Lunch and Dinner - 250-924-2221, Ladysmith

**Plantitude** 431 First Avenue Wed-Sun for Dinner  
250-924-1201 Ladysmith VEGAN / GLUTEN FREE

**Sushi Wara** 370 TCH. Daily, closed Tuesdays  
Lunch and Dinner. -250- 924-7001 Ladysmith

**The Phoenix** 112 High Street, DELIVER  
250-245-3263, Daily, for Dinner Ladysmith

**Wigwam Restaurant** 438 First Avenue,  
Tues-Sat, Lunch and Dinner - 250-245-3433, Ladysmith

## Food on the Go

**A&W DINE IN AND DRIVE THRU**  
12615 TCH, Mon-Sun - 250-245-5213,  
Ladysmith

**TRANSFER BEACH FOOD TRUCK  
CONCESSION**  
Transfer Beach, Daily June to Sept 11am to 7pm

**Dairy Queen** 365 Davis Road,  
Sun-Thurs 10am-10pm  
Fri-Sat 10am-11pm - 250-245-3212, Ladysmith

**KFC** Coronation Mall ,  
Mon-Sun -250- 245-5525, Ladysmith

**McDonald's** Coronation Mall, 24h Everyday  
-250-245-7560, Ladysmith

**Subway** 740 TCH,  
Daily -250- 245-3133, Ladysmith

**Tim Horton's** 1115A First Avenue,  
5am-11pm, Daily - 250-245-2303, Ladysmith

**Starbucks** 370 TCH,  
7am - 7pm, Daily - 250-390-9861, Ladysmith

## Cafés

**49<sup>TH</sup> CAFÉ** 1020 1<sup>st</sup> Avenue  
Breakfast and Lunch, Daily -250-245-3221  
Ladysmith

**IN THE BEANTIME CAFÉ** 18 High St  
Breakfast, Lunch, Mon-Sun -250-245-2305  
Ladysmith

**IRONWORKS CAFÉ & CREPERIE:**  
422 Esplanade Ave  
Daily, Breakfast and Lunch 250-710-9441  
Ladysmith

**OLD TOWN BAKERY** 510 First Avenue,  
Mon-Sat Breakfast and Lunch  
-250-245-2531, Ladysmith

**OYSTER BAY CAFÉ** 610 Oyster Bay Rd  
LMS Dock Daily for Breakfast and Lunch –  
Seasonal. 250-924-2245, Ladysmith

**WILD POPPY BISTRO** 541 First Avenue  
Tue-Sat, Breakfast and Lunch -250- 924-8696  
Ladysmith GLUTEN FREE

## Restaurants

**BARNACLE BARNEY'S** 341B 1<sup>st</sup> Ave.  
Mon-Sat – Lunch and Dinner  
250-245-0899, Ladysmith

**COTTON CLUB** Cottonwood Golf Course  
1975 Haslam Rd,  
Breakfast, Lunch and Dinner. Daily  
250-245-5142, Ladysmith

**MAYA NORTE**  
18 Roberts Street, Ladysmith  
250-924-1300 Closed on Tuesday  
Wed through Sat 5pm to ??

**ROBERTS STREET PIZZA** DELIVER  
250-245-1119, 20 Roberts St.  
Daily for Dinner. -Ladysmith

**SPICE HUT** 510 Esplanade Ave DELIVER  
Corner of Gatacre.....-250- 924-8222Daily,  
Lunch and Dinner. Ladysmith

**Appetit - Food for Thought** 534 First Avenue, Ladysmith  
Mon-Fri Breakfast and Lunch -250-924-1321,

**Chakalaka Bar & Grill**- 13230 TCH, Tues to Sunday,  
Lunch & Dinner Phone: (250) 924-0324, Ladysmith

**Country Kitchen** -2930 TCH 250) 924-2500  
Tues-Sunday, Breakfast, Lunch, Dinner. Cassidy

**Dragon City Restaurant:** 328 TCH DELIVER  
Mon-Sun, Lunch and Dinner. - 250-245-8689  
Ladysmith

**Kaede Sushi** 734 Esplanade  
Mon-Sun, Lunch and Dinner - 250 924-1166, Ladysmith

**Mahle House Restaurant** Corner of Cedar and Hemer Rd  
Wed-Sun, for Dinner -250-722-3621, Cedar

**Mr. Teriyaki & Miss. Sushi** 821 First Ave,  
Mon-Sat, Lunch and Dinner - 250-924-2221, Ladysmith

**Plantitide** 431 First Avenue Wed-Sun for Dinner  
250-924-1201 Ladysmith VEGAN / GLUTEN FREE

**Sushi Wara** 370 TCH. Daily, closed Tuesdays  
Lunch and Dinner. -250- 924-7001 Ladysmith

**The Phoenix** 112 High Street, DELIVER  
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Tues-Sat, Lunch and Dinner - 250-245-3433, Ladysmith

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Fri-Sat 10am-11pm - 250-245-3212, Ladysmith

**KFC** Coronation Mall ,  
Mon-Sun -250- 245-5525, Ladysmith

**McDonald's** Coronation Mall, 24h Everyday  
-250-245-7560, Ladysmith

**Subway** 740 TCH,  
Daily -250- 245-3133, Ladysmith

**Tim Horton's** 1115A First Avenue,  
5am-11pm, Daily - 250-245-2303, Ladysmith

**Starbucks** 370 TCH,  
7am - 7pm, Daily - 250-390-9861, Ladysmith

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**IN THE BEANTIME CAFÉ** 18 High St  
Breakfast, Lunch, Mon-Sun -250-245-2305  
[Ladysmith](#)

**IRONWORKS CAFÉ & CREPERIE:**  
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Daily, Breakfast and Lunch 250-710-9441  
[Ladysmith](#)

**OLD TOWN BAKERY** 510 First Avenue,  
Mon-Sat Breakfast and Lunch  
-250-245-2531, [Ladysmith](#)

**OYSTER BAY CAFÉ** 610 Oyster Bay Rd  
LMS Dock Daily for Breakfast and Lunch –  
Seasonal. 250-924-2245, [Ladysmith](#)

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**Kaede Sushi** 734 Esplanade  
Mon-Sun, Lunch and Dinner - 250 924-1166, [Ladysmith](#)

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Lunch and Dinner. -250- 924-7001 [Ladysmith](#)

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**Wigwam Restaurant** 438 First Avenue,  
Tues-Sat, Lunch and Dinner - 250-245-3433, [Ladysmith](#)

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Fri-Sat 10am-11pm - 250-245-3212, [Ladysmith](#)

**KFC** Coronation Mall ,  
Mon-Sun -250- 245-5525, [Ladysmith](#)

**McDonald's** Coronation Mall, 24h Everyday  
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**Subway** 740 TCH,  
Daily -250- 245-3133, [Ladysmith](#)

**Tim Horton's** 1115A First Avenue,  
5am-11pm, Daily - 250-245-2303, [Ladysmith](#)

**Starbucks** 370 TCH,  
7am - 7pm, Daily - 250-390-9861, [Ladysmith](#)



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Ladysmith

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Ladysmith

**IRONWORKS CAFÉ & CREPERIE:**  
422 Esplanade Ave  
Daily, Breakfast and Lunch 250-710-9441  
Ladysmith

**OLD TOWN BAKERY** 510 First Avenue,  
Mon-Sat Breakfast and Lunch  
-250-245-2531, Ladysmith

**OYSTER BAY CAFÉ** 610 Oyster Bay Rd  
LMS Dock Daily for Breakfast and Lunch –  
Seasonal. 250-924-2245, Ladysmith

**WILD POPPY BISTRO** 541 First Avenue  
Tue-Sat, Breakfast and Lunch -250- 924-8696  
Ladysmith GLUTEN FREE

## Restaurants

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**Dragon City Restaurant:** 328 TCH DELIVER  
Mon-Sun, Lunch and Dinner. - 250-245-8689  
Ladysmith

**Kaede Sushi** 734 Esplanade  
Mon-Sun, Lunch and Dinner - 250 924-1166, Ladysmith

**Mahle House Restaurant** Corner of Cedar and Hemer Rd  
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Lunch and Dinner. -250- 924-7001 Ladysmith

**The Phoenix** 112 High Street, DELIVER  
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## Restaurants

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250-245-5142, Ladysmith

**MAYA NORTE**  
18 Roberts Street, Ladysmith  
250-924-1300 Closed on Tuesday  
Wed through Sat 5pm to ??

**ROBERTS STREET PIZZA** DELIVER  
250-245-1119, 20 Roberts St.  
Daily for Dinner. -Ladysmith

**SPICE HUT** 510 Esplanade Ave DELIVER  
Corner of Gatacre.....-250- 924-8222Daily,  
Lunch and Dinner. Ladysmith

**Appetit - Food for Thought** 534 First Avenue, Ladysmith  
Mon-Fri Breakfast and Lunch -250-924-1321,

**Chakalaka Bar & Grill**- 13230 TCH, Tues to Sunday,  
Lunch & Dinner Phone: (250) 924-0324, Ladysmith

**Country Kitchen** -2930 TCH 250) 924-2500  
Tues-Sunday, Breakfast, Lunch, Dinner. Cassidy

**Dragon City Restaurant:** 328 TCH DELIVER  
Mon-Sun, Lunch and Dinner. - 250-245-8689  
Ladysmith

**Kaede Sushi** 734 Esplanade  
Mon-Sun, Lunch and Dinner - 250 924-1166, Ladysmith

**Mahle House Restaurant** Corner of Cedar and Hemer Rd  
Wed-Sun, for Dinner -250-722-3621, Cedar

**Mr. Teriyaki & Miss. Sushi** 821 First Ave,  
Mon-Sat, Lunch and Dinner - 250-924-2221, Ladysmith

**Plantitide** 431 First Avenue Wed-Sun for Dinner  
250-924-1201 Ladysmith VEGAN / GLUTEN FREE

**Sushi Wara** 370 TCH. Daily, closed Tuesdays  
Lunch and Dinner. -250- 924-7001 Ladysmith

**The Phoenix** 112 High Street, DELIVER  
250-245-3263, Daily, for Dinner Ladysmith

**Wigwam Restaurant** 438 First Avenue,  
Tues-Sat, Lunch and Dinner - 250-245-3433, Ladysmith

## Food on the Go

**A&W DINE IN AND DRIVE THRU**  
12615 TCH, Mon-Sun - 250-245-5213,  
Ladysmith

**TRANSFER BEACH FOOD TRUCK  
CONCESSION**  
Transfer Beach, Daily June to Sept 11am to 7pm

**Dairy Queen** 365 Davis Road,  
Sun-Thurs 10am-10pm  
Fri-Sat 10am-11pm - 250-245-3212, Ladysmith

**KFC** Coronation Mall ,  
Mon-Sun -250- 245-5525, Ladysmith

**McDonald's** Coronation Mall, 24h Everyday  
-250-245-7560, Ladysmith

**Subway** 740 TCH,  
Daily -250- 245-3133, Ladysmith

**Tim Horton's** 1115A First Avenue,  
5am-11pm, Daily - 250-245-2303, Ladysmith

**Starbucks** 370 TCH,  
7am - 7pm, Daily - 250-390-9861, Ladysmith

## Cafés

**49<sup>TH</sup> CAFÉ** 1020 1<sup>st</sup> Avenue  
Breakfast and Lunch, Daily -250-245-3221  
Ladysmith

**IN THE BEANTIME CAFÉ** 18 High St  
Breakfast, Lunch, Mon-Sun -250-245-2305  
Ladysmith

**IRONWORKS CAFÉ & CREPERIE:**  
422 Esplanade Ave  
Daily, Breakfast and Lunch 250-710-9441  
Ladysmith

**OLD TOWN BAKERY** 510 First Avenue,  
Mon-Sat Breakfast and Lunch  
-250-245-2531, Ladysmith

**OYSTER BAY CAFÉ** 610 Oyster Bay Rd  
LMS Dock Daily for Breakfast and Lunch –  
Seasonal. 250-924-2245, Ladysmith

**WILD POPPY BISTRO** 541 First Avenue  
Tue-Sat, Breakfast and Lunch -250- 924-8696  
Ladysmith GLUTEN FREE

## Restaurants

**BARNACLE BARNEY'S** 341B 1<sup>st</sup> Ave.  
Mon-Sat – Lunch and Dinner  
250-245-0899, Ladysmith

**COTTON CLUB** Cottonwood Golf Course  
1975 Haslam Rd,  
Breakfast, Lunch and Dinner. Daily  
250-245-5142, Ladysmith

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Mon-Sat Breakfast and Lunch  
-250-245-2531, Ladysmith

**OYSTER BAY CAFÉ** 610 Oyster Bay Rd  
LMS Dock Daily for Breakfast and Lunch -  
Seasonal. 250-924-2245, Ladysmith

**WILD POPPY BISTRO** 541 First Avenue  
Tue-Sat, Breakfast and Lunch -250- 924-8696  
Ladysmith GLUTEN FREE

## Restaurants

**BARNACLE BARNEY'S** 341B 1<sup>st</sup> Ave.  
Mon-Sat - Lunch and Dinner  
250-245-0899, Ladysmith

**COTTON CLUB** Cottonwood Golf Course  
1975 Haslam Rd,  
Breakfast, Lunch and Dinner. Daily  
250-245-5142, Ladysmith

**MAYA NORTE**  
18 Roberts Street, Ladysmith  
250-924-1300 Closed on Tuesday  
Wed through Sat 5pm to ??

**ROBERTS STREET PIZZA** DELIVER  
250-245-1119, 20 Roberts St.  
Daily for Dinner. -Ladysmith

**SPICE HUT** 510 Esplanade Ave DELIVER  
Corner of Gatacre.....-250- 924-8222Daily,  
Lunch and Dinner. Ladysmith

**Appetit - Food for Thought** 534 First Avenue, Ladysmith  
Mon-Fri Breakfast and Lunch -250-924-1321,

**Chakalaka Bar & Grill**- 13230 TCH, Tues to Sunday,  
Lunch & Dinner Phone: (250) 924-0324, Ladysmith

**Country Kitchen** -2930 TCH 250) 924-2500  
Tues-Sunday, Breakfast, Lunch, Dinner. Cassidy

**Dragon City Restaurant:** 328 TCH DELIVER  
Mon-Sun, Lunch and Dinner. - 250-245-8689  
Ladysmith

**Kaede Sushi** 734 Esplanade  
Mon-Sun, Lunch and Dinner - 250 924-1166, Ladysmith

**Mahle House Restaurant** Corner of Cedar and Hemer Rd  
Wed-Sun, for Dinner -250-722-3621, Cedar

**Mr. Teriyaki & Miss. Sushi** 821 First Ave,  
Mon-Sat, Lunch and Dinner - 250-924-2221, Ladysmith

**Plantitide** 431 First Avenue Wed-Sun for Dinner  
250-924-1201 Ladysmith VEGAN / GLUTEN FREE

**Sushi Wara** 370 TCH. Daily, closed Tuesdays  
Lunch and Dinner. -250- 924-7001 Ladysmith

**The Phoenix** 112 High Street, DELIVER  
250-245-3263, Daily, for Dinner Ladysmith

**Wigwam Restaurant** 438 First Avenue,  
Tues-Sat, Lunch and Dinner - 250-245-3433, Ladysmith

## Food on the Go

**A&W DINE IN AND DRIVE THRU**  
12615 TCH, Mon-Sun - 250-245-5213,  
Ladysmith

**TRANSFER BEACH FOOD TRUCK  
CONCESSION**  
Transfer Beach, Daily June to Sept 11am to 7pm

**Dairy Queen** 365 Davis Road,  
Sun-Thurs 10am-10pm  
Fri-Sat 10am-11pm - 250-245-3212, Ladysmith

**KFC** Coronation Mall ,  
Mon-Sun -250- 245-5525, Ladysmith

**McDonald's** Coronation Mall, 24h Everyday  
-250-245-7560, Ladysmith

**Subway** 740 TCH,  
Daily -250- 245-3133, Ladysmith

**Tim Horton's** 1115A First Avenue,  
5am-11pm, Daily - 250-245-2303, Ladysmith

**Starbucks** 370 TCH,  
7am - 7pm, Daily - 250-390-9861, Ladysmith

## Cafés

**49<sup>TH</sup> CAFÉ** 1020 1<sup>st</sup> Avenue  
Breakfast and Lunch, Daily -250-245-3221  
Ladysmith

**IN THE BEANTIME CAFÉ** 18 High St  
Breakfast, Lunch, Mon-Sun -250-245-2305  
Ladysmith

**IRONWORKS CAFÉ & CREPERIE:**  
422 Esplanade Ave  
Daily, Breakfast and Lunch 250-710-9441  
Ladysmith

**OLD TOWN BAKERY** 510 First Avenue,  
Mon-Sat Breakfast and Lunch  
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## Pubs

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Lunch and Dinner, Daily -250- 924-1747  
Ladysmith

Cranberry Arms 1604 Cedar Road, Mon-Sun, Lunch and  
Dinner - 250-722-3112, Cedar

Crow & Gate Pub 2313 Yellow Point Road,  
Lunch and Dinner, 11am- 11pm, Daily -250-722-3731,  
Cedar

Saltair Neighborhood Pub 10519 Knight Road, Lunch and  
Dinner, Daily - 250-246-4942, Saltair

Sportsman Pub 640 First Avenue,  
Lunch and Dinner, 11am-12am, Daily -250-245-8033  
Ladysmith

Timberland Pub 1680 Timberlands Road, Lunch and  
Dinner, 9am-11pm, Daily -250- 245-0800, Cassidy

Wheatsheaf Hotel & Pub 1866 Cedar Road, Daily, Lunch  
and Dinner -250-722-2240, Cedar

Zacks Lounge 530 1<sup>st</sup> Ave, Daily (closed Sundays), Lunch  
and Dinner (250) 245-2749, Ladysmith

## Ice Cream and Sweets

Mr. Poppers sweet Shoppe 32 High St. Tue-Fri 10-5,  
Sat 10-4, - 250-924-8486, Ladysmith

Creeks Corner Store 3582 Hallberg Road, Tue-Sat  
10-6, Sun 10-5:30, 250-739-3897, Cassidy

## Grocery & Deli & Market

49<sup>TH</sup> PARALLEL GROCERY DELIVER  
1020 1<sup>st</sup> Avenue,  
7:30am-9pm, Daily - 250-245-3221 Ladysmith

### BOUMA MEAT MARKET

416 1<sup>st</sup> Avenue  
Mon-Sat 6am-6pm - 250-245-8131 Ladysmith

### LADYSMITH HEALTH FOOD STORE

531 1st Ave. -250- 245-2123  
Mon-Sat, 9:30am -5:30pm, Ladysmith

### RITA'S APRON DELIVER

720 1<sup>st</sup> Ave  
250-802-4934, Ladysmith

Save on Foods (with Starbucks) 370 TCH  
7am-10pm, Daily - 250-245-2033, Ladysmith

Cassidy Farm Market & Deli 3251 TCH 9am-8pm, Daily -  
250-245-7674, Ladysmith

Russell Farms Market 2711 Mt Sicker Rd, 8am-8pm,  
Daily - 250-246-4924, Chemainus

# DINING GUIDE

## Ladysmith & Area



Ladysmith  
CHAMBER  
of COMMERCE



33 Roberts Street  
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7am-10pm, Daily - 250-245-2033, Ladysmith

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250-245-7674, Ladysmith

Russell Farms Market 2711 Mt Sicker Rd, 8am-8pm,  
Daily - 250-246-4924, Chemainus

# DINING GUIDE

## Ladysmith & Area



Ladysmith  
CHAMBER  
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33 Roberts Street  
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250-245-2112

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## Pubs

### FOX & HOUNDS RESTAURANT PUB

11 High Street  
Lunch and Dinner, Daily -250- 924-1747  
Ladysmith

Cranberry Arms 1604 Cedar Road, Mon-Sun, Lunch and  
Dinner - 250-722-3112, Cedar

Crow & Gate Pub 2313 Yellow Point Road,  
Lunch and Dinner, 11am- 11pm, Daily -250-722-3731,  
Cedar

Saltair Neighborhood Pub 10519 Knight Road, Lunch and  
Dinner, Daily - 250-246-4942, Saltair

Sportsman Pub 640 First Avenue,  
Lunch and Dinner, 11am-12am, Daily -250-245-8033  
Ladysmith

Timberland Pub 1680 Timberlands Road, Lunch and  
Dinner, 9am-11pm, Daily -250- 245-0800, Cassidy

Wheatsheaf Hotel & Pub 1866 Cedar Road, Daily, Lunch  
and Dinner -250-722-2240, Cedar

Zacks Lounge 530 1<sup>st</sup> Ave, Daily (closed Sundays), Lunch  
and Dinner (250) 245-2749, Ladysmith

## Ice Cream and Sweets

Mr. Poppers sweet Shoppe 32 High St. Tue-Fri 10-5,  
Sat 10-4, - 250-924-8486, Ladysmith

Creeks Corner Store 3582 Hallberg Road, Tue-Sat  
10-6, Sun 10-5:30, 250-739-3897, Cassidy

## Grocery & Deli & Market

49<sup>TH</sup> PARALLEL GROCERY DELIVER  
1020 1<sup>st</sup> Avenue,  
7:30am-9pm, Daily - 250-245-3221 Ladysmith

### BOUMA MEAT MARKET

416 1<sup>st</sup> Avenue  
Mon-Sat 6am-6pm - 250-245-8131 Ladysmith

### LADYSMITH HEALTH FOOD STORE

531 1st Ave. -250- 245-2123  
Mon-Sat, 9:30am -5:30pm, Ladysmith

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49<sup>TH</sup> PARALLEL GROCERY DELIVER  
1020 1<sup>st</sup> Avenue,  
7:30am-9pm, Daily - 250-245-3221 Ladysmith

### BOUMA MEAT MARKET

416 1<sup>st</sup> Avenue  
Mon-Sat 6am-6pm - 250-245-8131 Ladysmith

### LADYSMITH HEALTH FOOD STORE

531 1st Ave. -250- 245-2123  
Mon-Sat, 9:30am -5:30pm, Ladysmith

### RITA'S APRON DELIVER

720 1<sup>st</sup> Ave  
250-802-4934, Ladysmith

Save on Foods (with Starbucks) 370 TCH  
7am-10pm, Daily - 250-245-2033, Ladysmith

Cassidy Farm Market & Deli 3251 TCH 9am-8pm, Daily -  
250-245-7674, Ladysmith

Russell Farms Market 2711 Mt Sicker Rd, 8am-8pm,  
Daily - 250-246-4924, Chemainus

# DINING GUIDE

## Ladysmith & Area



Ladysmith  
CHAMBER  
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33 Roberts Street  
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## Pubs

### FOX & HOUNDS RESTAURANT PUB

11 High Street  
Lunch and Dinner, Daily -250- 924-1747  
Ladysmith

Cranberry Arms 1604 Cedar Road, Mon-Sun, Lunch and  
Dinner - 250-722-3112, Cedar

Crow & Gate Pub 2313 Yellow Point Road,  
Lunch and Dinner, 11am- 11pm, Daily -250-722-3731,  
Cedar

Saltair Neighborhood Pub 10519 Knight Road, Lunch and  
Dinner, Daily - 250-246-4942, Saltair

Sportsman Pub 640 First Avenue,  
Lunch and Dinner, 11am-12am, Daily -250-245-8033  
Ladysmith

Timberland Pub 1680 Timberlands Road, Lunch and  
Dinner, 9am-11pm, Daily -250- 245-0800, Cassidy

Wheatsheaf Hotel & Pub 1866 Cedar Road, Daily, Lunch  
and Dinner -250-722-2240, Cedar

Zacks Lounge 530 1<sup>st</sup> Ave, Daily (closed Sundays), Lunch  
and Dinner (250) 245-2749, Ladysmith

## Ice Cream and Sweets

Mr. Poppers sweet Shoppe 32 High St. Tue-Fri 10-5,  
Sat 10-4, - 250-924-8486, Ladysmith

Creeks Corner Store 3582 Hallberg Road, Tue-Sat  
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Dinner, 9am-11pm, Daily -250- 245-0800, Cassidy

Wheatsheaf Hotel & Pub 1866 Cedar Road, Daily, Lunch  
and Dinner -250-722-2240, Cedar

Zacks Lounge 530 1<sup>st</sup> Ave, Daily (closed Sundays), Lunch  
and Dinner (250) 245-2749, Ladysmith

## Ice Cream and Sweets

Mr. Poppers sweet Shoppe 32 High St. Tue-Fri 10-5,  
Sat 10-4, - 250-924-8486, Ladysmith

Creeks Corner Store 3582 Hallberg Road, Tue-Sat  
10-6, Sun 10-5:30, 250-739-3897, Cassidy

## Grocery & Deli & Market

49<sup>TH</sup> PARALLEL GROCERY DELIVER  
1020 1<sup>st</sup> Avenue,  
7:30am-9pm, Daily - 250-245-3221 Ladysmith

### BOUMA MEAT MARKET

416 1<sup>st</sup> Avenue  
Mon-Sat 6am-6pm - 250-245-8131 Ladysmith

### LADYSMITH HEALTH FOOD STORE

531 1st Ave. -250- 245-2123  
Mon-Sat, 9:30am -5:30pm, Ladysmith

### RITA'S APRON DELIVER

720 1<sup>st</sup> Ave  
250-802-4934, Ladysmith

Save on Foods (with Starbucks) 370 TCH  
7am-10pm, Daily - 250-245-2033, Ladysmith

Cassidy Farm Market & Deli 3251 TCH 9am-8pm, Daily -  
250-245-7674, Ladysmith

Russell Farms Market 2711 Mt Sicker Rd, 8am-8pm,  
Daily - 250-246-4924, Chemainus

# DINING GUIDE

## Ladysmith & Area



Ladysmith  
CHAMBER  
of COMMERCE



33 Roberts Street  
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250-245-2112

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ALL HOURS LISTED ARE SUBJECT  
TO CHANGE



## Pubs

### FOX & HOUNDS RESTAURANT PUB

11 High Street  
Lunch and Dinner, Daily -250- 924-1747  
Ladysmith

Cranberry Arms 1604 Cedar Road, Mon-Sun, Lunch and  
Dinner - 250-722-3112, Cedar

Crow & Gate Pub 2313 Yellow Point Road,  
Lunch and Dinner, 11am- 11pm, Daily -250-722-3731,  
Cedar

Saltair Neighborhood Pub 10519 Knight Road, Lunch and  
Dinner, Daily - 250-246-4942, Saltair

Sportsman Pub 640 First Avenue,  
Lunch and Dinner, 11am-12am, Daily -250-245-8033  
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