



Find out what Ladysmith has to offer for your Business, Family or Retirement Lifestyle.



Ladysmith Chamber of Commerce 33 Roberts Street Box 598 Ladysmith, BC V9G 1A4	Cowichan Valley Regional District 175 Ingram Street Duncan, BC V9L 1N8 746-2500	Table of Contents
245-2112	Fax: 746-2513	Welcome Statement 1
Fax: 245-2124	cvrd@cvrd.bc.ca www.cvrd.bc.ca	How to get Here 2
info@ladysmithcofc.com www.ladysmithcofc.com	www.cviu.bc.ca	Contact Numbers 3
		Health Care in BC 5
Parks and Recreation Frank Jameson	Town of Ladysmith	Motor Vehicle Licensing & Insurance 6
Community Center	410 Esplanade Box 220	Parks and Recreation 7
810 6 th Avenue, Box 220	Ladysmith, BC	Calendar of Ladysmith Events 8
Ladysmith, BC V9G 1A2 245-6424 www.ladysmith.ca	V9G 1A2 245-6400 www.ladysmith.ca	Facts about Ladysmith & Bylaws 9

Welcome Statement from the Chamber of Commerce

To our new residents, as well as our long time neighbours, welcome to our beautiful community.

We invite you to take a few minutes to read through the guide. Our community history is steeped in culture and tradition. We are passionate about where we are from and where we are going as a community. As in the name given the Cowichan Valley Regional District by our First Nations People, "The Warm Land", you will find the citizens of Ladysmith warm and friendly and eager to assist.

Here at the Chamber of Commerce and Visitor Centre, we hope you take full advantage of what our community has to offer. For any further helpful assistance and a friendly welcome drop by our office for brochures, maps, and business information for Ladysmith and surrounding areas!



How to Get Here

Ladysmith to:	Driving Time	Km
Bamfield	3 hrs 15 min	225
Campbell River	2 hrs	176
Chemainus	15 min	12
Cobble Hill	30 min	45
Courtney/Comox	1 hr 30 min	131
Cowichan Bay	30 min	38
Crofton	30 min	23
Duncan	20 min	28
Lake Cowichan	45 min	51
Long Beach	3 hrs	209
Nanaimo	25 min	23
Parksville	45 min	58
Port Alberni	1 hr 30 min	105
Shawnigan Lake	45 min	50
Tofino	3 hrs 45 min	228
Victoria	1 hr	88

Overview of Ladysmith

Ladysmith is situated on Vancouver Island in the Cowichan Valley, adjacent the 49th Parallel. The city is located along Highway 1, approximately 35 minutes from of the Departure Bay Terminal in Nanaimo, and 2 hours north of Schwartz Bay Terminal in Victoria.

The temperate Mediterranean climate is a huge draw for people relocating from other areas of Canada. The hillside community overlooking the harbour boasts 3 marinas and a large outdoor amphitheater. Keeping with the healthy BC lifestyle, Ladysmith residence enjoy several hiking trails as well as numerous outdoor playing fields.

A selection of boutiques and restaurants line the heritage main street along 1st Avenue. Coronation Mall is located along the Trans-Canada Highway at the south end of town.

Ladysmith provides a full spectrum of educational facilities from pre-school to senior secondary. The newly renovated Community Centre has an assortment of interesting classes. With pool, hot tub, sauna, and fitness centre Frank Jameson Community Centre has something for everyone.

For a complete community profile and other town information visit www.ladysmith.ca



Local Contacts

Real Estate

Movers Allied Van Lines

Health Care Hillside Medical Centre

Ladysmith Family Practice Clinic

Ladysmith Fire Department

Ladysmith Community Health Centre

Emergency Services

Address

Number

460 Realty	626 1st Avenue	250-591-4601
Royal LePage Nanaimo Realty	410A First Avenue, Ladysmith	250-245-2252
Island Pacific Realty	Unit 25-370 Trans Canada Hwy	250 245-7777
Pemberton Holmes	516 1st Avenue, Ladysmith	250-924-1223
Remax Ocean Point Realty	640 Trans Canada Highway, Ladysmith	250-245-3700

Allied Van Lines	31 Cadillac Place, Nanaimo	250-753-1842
Budget Car & Truck Rental	3343 Trans Canada Highway, Cassidy	250-245-8733
Let's Move It	Nanaimo, BC	250-667-0060
UHaul Co.	9385 Trans Canada Hwy, Chemainus	250-246-2882

541 Third Street, Ladysmith	
1111 4th Avenue, Ladysmith	
1111 4th Avenue, Ladysmith	

340 6th Avenue, Ladysmith 320 6th Avenue, Ladysmith 1121 4th Avenue, Ladysmith

317 French Street, Ladysmith 510 6th Avenue, Ladysmith 710 6th Avenue, Ladysmith

1149 4th Avenue, Ladysmith 381 Davis Road, Ladysmith 232 High Street, Ladysmith

314 Buller, Ladysmith 1135 4th Avenue, Ladysmith 250-245-2235 250-739-5784

250-739-5777

250-245-6436 or 911 250-245-2215 or 911 250-245-3231 or 911

> 250-245-3351 250-245-3912 250-245-3043

> 250-245-8221 250-245-5113 250-245-2183 250-245-7264 250-245-3414

1-800-224-9376 250-760-1999 250-310-2255 1-888-224-2710 250-245-6400

Schools

Ambulance

Ladysmith RCMP

Ladysmith Intermediate Ladysmith Primary Ladysmith Secondary

Churches

Bethel Tabernacle Fellowship Baptist Church First United Church

St. John's Anglican St. Mary's Catholic

Utilities

BC Hvdro Shaw Cable Telus **Terasen** Gas Town Services



Local Contacts

Clubs

Fraternal Order of Eagles	250-245-3183
Kinsmen Club of Ladysmith	250-245-2263
Ladysmith Downtown Business Association	250-245-3700
Ladysmith Health Care Auxiliary	250-245-5225
Ladysmith Maritime Society	250-245-0109
Ladysmith Newcomers Club	250-245-9334
Ladysmith Parks & Rec Commission	250-245-6424
Ladysmith Sportsman Club	250-245-3690
Ladysmith Yacht Club	250-245-2627
Lions Club of Ladysmith	250-245-4049
Red Hat Society	250-245-8923
Resource Center	250-245-3079
Rotary Club	250-245-8780
Royal Canadian Legion	250-245-2273
Royal Canadian Legion Auxiliary	250-245-2273
Saltair Garden Club	250-245-0310
Seniors Center	250-922-0130
Toast Masters	250-246-2899

Future Care

La Rosa Gardens	250-245-1016
Four All Seasons Retirement Lodge	250-245-4237

Preschool/Child Care

Boys & Girls Club	
Ladybug Day home 25	50-245-0002
Ladysmith Preschool Society 25	50-245-4712
Nutsmuaat Lelum Daycare & Preschool 25	50-245-0994
LAFF Family Resource Program 25	50-210-0870
Sense of Place Youth Project 2:	50-797-2316

Services

Canadian Coast Guard Auxiliary Unit 29	250-245-5458
Central Island Child & Family Services	250-741-5444
COPS- Citizens on Patrol	250-245-7032
Meals on Wheels	250-245-3844
Ladysmith Senior Housing Society	250-245-7916
Youth	
Air Cadets	250-754-7079
Youth Advisory Coalition	250-245-6427
Bethel Youth Group	250-245-8221
Candy Stripers	250-245-4305
Duke of Edinburgh Award	250-245-0029
Junior Lifeguard Club	250-245-6424
Ladysmith Boys and Girls Club	250-245-8921
Scouts Canada	250-245-5333
Ladysmith Services	
Post Office	250-245-3722
Vancouver Island Regional Library	250-245-2322
Save-On Foods Grocery Store	250-245-8147
49th Parallel Grocery Store	250-245-3221
Ladysmith Taxi	250-729-6204
Saltair Taxi	250-268-2114
Home Hardware	250-245-3441
The Ladysmith-Chemainus Chronicle	250-245-2277

New Residents Services

Take 5

Global Vocational Services	250-924-2884	
Welcome Wagon	250-245-0799	
Ladysmith NewComers Club	250-245-4132	
Government Agents		

Economic Development	250-245-6415
Services BC	1-800-663-7867

250-245-7015



HEALTHCARE IN BRITISH COLUMBIA

Health Insurance BC Web Site

Use this site to search for information, fill out forms online, download applications and find contact information: <u>http://www.hibc.gov.bc.ca/</u> For specific information on medical and healthcare benefits in BC, visit: <u>http://www.healthservices.gov.bc.ca/msp/infoben/benefits.html</u>

For New Residents

If you are a new resident in BC, you will need to apply for:

1. MSP (health care coverage)

The Medical Services Plan (MSP) insures medically required services provided by physicians and supplementary health care practitioners, laboratory services and diagnostic procedures. All residents of BC must enroll with MSP.

When does Coverage Begin?

New residents or persons reestablishing residence in BC are eligible for coverage after completing a waiting period that normally consists of the balance of the month of arrival plus two months. You should apply for MSP coverage immediately after arriving in BC, rather than at the end of the waiting period, to allow time for your application to be processed.

Coverage During the Waiting Period

New residents from other parts of Canada should maintain coverage with their former medical plan during the waiting period. New or returning residents arriving from outside Canada should contact a private insurance company for coverage during this period. For more details, visit:

http://www.healthservices.gov.bc.ca/msp/infoben/eligible.html#when

2. Fair PharmaCare

PharmaCare provides financial assistance to British Columbia residents for eligible prescription drugs and designated medical supplies. Further information on this program can be found at <u>http://www.healthservices.gov.bc.ca/pharme/index.html</u>



MOTOR VEHICLE LICENSING AND INSURANCE IN BRITISH COLUMBIA

For New Residents

Driver's License

If you are new to BC and drive a vehicle, you need to obtain a BC driver's licence within 90 days after moving here. This can be done at the Credit Union office in Ladysmith. New residents who hold a Canadian, American, Austrian, German, Swiss, Japanese or South Korean licence can usually complete their licence exchange the same day, provided they bring all necessary documents. Visit http://www.icbc.com/Licensing/lic_renew_replace_new.html Note to students: If you normally reside outofprovince but are attending a recognized BC educational institution, you can continue using your valid non BC driver's licence.

Automobile Insurance

All motorists in BC must carry basic automobile insurance. For residents, it is provided through ICBC's Basic Autoplan: http://www.icbc.com/Insurance/index.html

Address Change

If your address has changed, your driver's licence and insurance policy will both have to be updated. You must let ICBC know within 10 days of moving. Note that the procedures for changing the address on your driver's licence and your insurance policy are not the same.

Driver's License

- 1. Online: https://www.addresschange.gov.bc.ca/
- 2. Phone: 1-866-775-0011.
- 3. In Person Credit Union Office in Ladysmith

Automobile Insurance

You will need to visit an Autoplan broker in person to change your address on your policy. For a list of Autoplan brokers, visit: http://www.icbc.com/Insurance/insura_broker_locator.html



Ladysmith Area

- Transfer Beach Amphitheatre
- Aggie Fields
- Kinsmen Park
- Gourlay-Jane Park
- Holland Creek Ball Park
- Bob Stuart Park
- Mackie Park
- Forrest Field (artificial turf)
 Yellow Point Area
- Hemer Provincial Park
- Blue Heron Park
- Roberts Memorial Park
- Elliots Beach Park
- Raven Park
- Yellow Point Park

Transfer Beach

Transfer Beach is a starting point for water sports and outdoor activities in Ladysmith. Adjacent to the spray park is the Kinsmen Playground,

basketball court, volleyball, and the covered pavilion. Across the street from the main park area is the off leash dog park. A long-standing fixture of Transfer Beach area is the horseshoe pit.

Holland Creek Trails

The Holland Creek Trail is a 5.8 km trail that runs along both sides of the creek. There are two major access points with parking available. The trail appeals to all levels of outdoor enthusiasts. Other trails that can be accessed from the Holland Creek Tail are Heart Lake Loop, 6.4 km, Stocking Lake loop, 9.3 km, and the Rotary Lookout Trail, 1.2 km. At Transfer Beach, enjoy the Marine Walk, a 1 km trail that starts at Transfer Beach and follows the waterfront ending up at Ladysmith Fisherman Warf. The Estuary Trail, a short 10 minute walk along the edge of Ladysmith Harbour offers views of marine and waterfowl.

Sports and Other Recreation

Not all recreation fun is concentrated at the beach. You can find baseball fields, soccer fields (turf), tennis courts, and a skate board park located throughout the town. Tee up for a round of golf at Ladysmith Golf Club, a

9-hole par 3 course located at the south end of town. The Cottonwood Golf Course is an 18-hole, par 72 course, located just north of Ladysmith. For indoor activities visit the Frank Jameson Community Center on 6th Avenue. Here you can find recreational

programs designed to fit anyone's lifestyle. Relax in the warm soothing waters of the

oasis and therapy pool, sauna, and whirlpool, or swim a few laps in the pool. There is a fitness and wellness center, an onsite physiotherapy clinic and a multipurpose room.



January

January 1st. Polar Bear Swim at Transfer Beach. Come join the chilly fun!

February

BC Heritage Week

April

Ladysmith Chamber of Commerce Home, Garden Business Show. The Best Business has to Offer! Spring Art Tour Ladysmith/ Chemainus

May

Annual Rotary Garden Tour

A unique opportunity to visit private gardens in Ladysmith.

Ladysmith Maritime Festival

Kid Pirate Day. Help celebrate our rich maritime heritage. Family oriented activities, artisans, demonstrations and more!

June

Ladysmith Maritime Festival Heritage Boat Festival

The Ladysmith Maritime Society co-operates with the BC Purple Martin Stewardship & Recovery Program.

Home Town Tourist Weekend Ladysmith Farmers Market-

Make it, Bake it, Grow it! Tuesdays, Transfer Beach,

July

Canada Day Celebrations

Celebrate Canada's Birthday with a day of fun, sun, and music at Transfer Beach. Family Oriented **Concerts in the Park** (Transfer Beach) put on by the **Resource Center** Sundays in July and August. **Brits on the Beach**—All British Car Event held at Transfer Beach **Ladysmith Farmers Market**– Tuesdays, Transfer Beach,

LMS Harbour Tours, twice daily

August

Ladysmith Days

The weekend's excitement begins with a pancake breakfast, and a Kinsmen parade through historic downtown Ladysmith!

Entertainment at Transfer Beach, downtown and at Coronation Mall top off these days of fun! On Sunday there's music, entertainment, family games, swimming, food fair, fireworks and more!

Ladysmith Show and Shine

Car enthusiasts won't want to miss this show! Check out one of a kind autos along First Avenue. Fun, Prizes, and Trophies.

Arts on the Avenue

A one day street Arts Festival. Featuring original juried art works for sale by local artists.

Ladysmith Farmers Market– Tuesdays, Transfer Beach, Berry Mania, Transfer Beach LMS Harbour Tours, twice daily

October

Chamber of Commerce Dance and Silent Auction Annual fundraiser. Everyone Welcome!

November

Cedar & Yellowpoint Artisans Association Country Christmas self quided tour

Ladysmith Festival of Lights

The last Thursday of November witness a spectacular evening of festivities.

- ~Spaghetti Dinner
- ~Light Up Parade

~Family Entertainment

~Fireworks and more!

Cinnamon Bun Fun Run-

5K/10K run through Ladysmith supporting the Ladysmith Food Bank.

December

Mount Brenton Power & Sail Squadron

A floating Christmas parade and carols, taking place in the Ladysmith Harbour.

LAFF Breakfast with Santa-

join your family & friends for breakfast and Santa!

LDBA Old Tyme Christmas and Candlelight walk. Fun for the whole family. There will be carollers, musicians, arts and crafts for kids.

Ladysmith Fire Rescue Santa Claus Parade.

Celebration of Light an event for the Ladysmith Food Bank

FOR EVENT DATES STOP IN AT THE VISITOR CENTRE OR CHECK OUT THE EVENT CALANDER AT WWW.LADYSMITHCOFC.COM



Population

Ladysmith's population is currently an estimated 8,328 people according to BC Stats.

Age

Ladysmith's median age is 41.1, according to the 2001 Census

Real Estate

The average sale price of a home in Ladysmith in 2011 was \$348,102 down slightly from 2010 at \$351,102. Town homes dropped as well in 2011 to

\$255,000. The average sale price in 2010 was \$274,000

Local Government

The Town of Ladysmith is governed by a Mayor and 6 Town Council Members . Municipal elections are held every three years.

Cost of Living

Being somewhat of a bedroom community, while still remaining a truly special town in its own right, the cost of living has remained lower than that of some of Ladysmith's neighbors. Ladysmith is part of the Cowichan Valley Regional District, an area where the cost of living is even more affordable.

Community

Ladysmith was named one of the 10 prettiest towns in Canada by Harrowsmith Country Life Magazine in 2000. The town has also won first place in the 5,000–10,000 population category "Communities in Bloom" contest in 2003. In 2002, the Heritage Society of BC awarded the town 2 special honours.

Ladysmith Quirks

Every Tuesday night at 7 o'clock the Ladysmith Fire Hall has a practice drill including a siren that can be heard from all ends of town!

Dog Licenses:

Due at the <u>beginning of each year</u>. Residents can buy the new tags from January 1st – January 31st from City Hall.

- Prices are \$26.00 for dogs that are spayed/neutered and non-spayed/neutered are \$44.00
- As of February 1st cost goes up to \$36 for dogs that are spayed/neutered and non-spayed/neutered are \$54.

New dogs and puppies pay the January rate.

Limit of 3 dogs per household. *Please consult City Hall for further information*

Noise Restrictions:

Bylaw #1478 – Residents can review a copy at City Hall.

- Complaint forms are available at City Hall if someone needs to make a complaint.
- Construction can take place from 7am to 6pm Monday to Saturday.

Garbage Pick-up/Recycling/Organic Waste:

Information can be reviewed on the Town of Ladysmith Website (schedules are on website) www.ladysmith.ca or phone 245-6400 or visit in person at City Hall 410 Esplanade, Ladysmith, BC.

Business Licenses:

Applications can be accessed on the Town of Ladysmith website www.ladysmith.ca. Due yearly for \$100. This \$100 fee is an inter-municipal license which allows a business to be registered in Ladysmith, Duncan, Lake Cowichan and North Cowichan.

Snow Removal:

In the event of a snowfall, property owners and residents are reminded that a Town Bylaw requires you to clear snow and ice from the sidewalk in front of your premises. Removal should take place no later than 10 a.m. on each day of a snowfall. For more information check out the Town of Ladysmith website www.ladysmith.ca.

Clubs

Clubs	
Catholic Women's League	245-4384
Fraternal Order of Eagles	245-8773
Historical Society - Archives	245-0100
Horseshoe Club	245-2341
Kinsmen Club of Ladysmith	245-2263
Ladysmith Arts Council	245-1252
Ladysmith Camera Club	245-9945
Ladysmith Chamber of Commerce	245-2112
Ladysmith Community Gardens Society	greg_margroberts@shaw.ca
Ladysmith Downtown Business Assn.	ladysmithdowntown.com
Ladysmith Health Care Auxiliary	245-4509
Ladysmith Little Theatre	924-0658
Ladysmith Maritime Society	245-0109
Ladysmith Museum	245-0423
Ladysmith Newcomers Club	245-3543
Ladysmith Saltair Garden Club	245-5080
Ladysmith Seniors Centre Society	245-9931
Ladysmith Singers	816-9853
Ladysmith Sportsman / Hatchery Info	245-3690
Ladysmith Yacht Club	ladysmithyc.bc.ca
Lions Club of Ladysmith	245-4049
Probus Club	245-0907
Red Hat Society	245-8923
Rotary Club	245-8780
Royal Canadian Legion	245-2273
Royal Canadian Legion Auxiliary	245-2273
Toastmasters	246-2899
Women's Business Network	245-5259
Preschool/Child Care	
FJCC Childminding	245-6424
Ladysmith Boys & Girls Club	924-2426
Ladysmith Preschool Society	245-4712
LaFF Family Resource Program	210-0870
Natsumaat Lelum Care & Preschool	245-0994
Pacific Care	1-800-565-6510
Strong Start - SD 68 Ladysmith	245-3912
Support Groups	
Adoptive Parents Ministry	741-5444
Al-Anon	758-8767
Alcoholics Anonymous	753-7513
Big Brothers and Big Sisters	756-2447
Cancer Society	245-0671
Heart and Stroke Foundation	245-2477
Ladysmith Food Bank	245-3079
LaFF Family Resource Program	243-30/9 210-0870
	0 807 1780
	0-739-7373
Options for Sexual Health 1-80 Rainbows Support Group for Children	751-7888
Red Cross Medical Equip Loan Services	245-9791
Seniors Office (LCRA)	245-3079
Stroke Recovery	245-8199
Juone necovery	242-0177

Support Groups con't

Supported Child Development	753-2512
T.O.P.S	722-2613
Victim Services-RCMP	245-2215
Cedar Seniors Wednesday Social Club	722-3536

Sports/Fitness

Angels Abreast Dragon Boat Team	245-3271
Badminton	245-8367
Fuller Lake Skating Club	245-1415
Horseshoe Club	245-2341
Ladysmith Baseball Association	245-8595
Ladysmith Dragon Boat	245-0474
Ladysmith Golf Club	245-7313
Ladysmith Homing Pigeon Club	246-4073
Ladysmith Karate	245-6424
Ladysmith Kyokushin Karate	245-1352
Ladysmith Pickleball	245-4132
Ladysmith Steelers Football	729-1519
Mid-Island Racing Pigeon Club	722-2263
Mid-Isle Soccer Club	667-5566
Orca Swim Club	924-5242
Outreach Martial Arts	245-4854
Sealegs Kayaking	245-4096

Youth

Air Cadets	713-8096
Canadian Girls in Training	245-4016
Candy Stripers - Volunteers	245-2946
Girl Guides of Canada	1-800-565-8111
Junior Lifeguard Club	245-6424
Ladysmith Boys and Girls Club	924-2426
Scouts Canada	245-7227
Youth Advisory Coalition	245-6427
Cedar Girls Irish-Celtic Dance Club	888-9421

Service

Royal Canadian Marine Search & Rescue	924-0290
Central Island Child & Family Services	741-5444
Coastal Animal Services (emg: 732-7720)	748-3395
Community Accountability Program	618-3364
COPS Citizens on Patrol	924-5565
Island Wildlife Natural Care Centre	537-0777
Ladysmith Community Health Centre	739-5777
Ladysmith Fire/Rescue	245-6436
Ladysmith Resources Centre Assn.	245-3079
Meals on Wheels	245-3844
RCMP Community Police Station	245-1118
Search & Rescue	245-7373
Senior's Outreach Team	755-3301
Speed Watch	245-7569
Vancouver Island Regional Library	245-2322
Welcome Wagon Ladysmith	245-0799